For general COVID-19 Health Information CALL 211

If you or a loved one have symptoms please call your medical provider,

Central Peninsula Hospital

907-714-4404

or the Providence Nurse Advice Line **907-212-6183**

HOUSING/SHELTER ASSISTANCE

Calvary Fellowship 907-260-6947

Freedom House 907-260-3733

Friendship Mission 907-283-5277

General Relief Assistance 907-283-2900

Kenaitze Indian Tribe 907-335-7230

LOVE, Inc. 907-262-5140

Central Peninsula Area **Health & Social Services**Community Resources



Call 211
For Health & Social Services
Information & Referrals

DOMESTIC VIOLENCE

The LeeShore Center

907-283-9479 24/7 crisis line: 907-283-7257

> South Peninsula Haven House 907-235-7712

STAR Alaska-Wide Crisis Line 1-800-478-8999

CHILD CARE ASSISTANCE

Child Care Assistance 907-283-4707

Thread (Referrals)
907-398-1750
WWW.THREADALASKA.ORG

COMMUNITY FOOD SERVICE OPTIONS

The KPBSD Nutrition Program and many community agencies and businesses are providing **free** food.

These resources are subject to change.

KPBSD Nutrition Program

907-714-8890 ext 1 | 7-4:30 Mon-Fri sack breakfasts & lunches

Espresso Barn

907-283-6565 | 8-4 all week 1 hot chocolate each youth

Pita Pit

907-260-7482 | 10-7 Mon-Fri 3 pitas a week for youth in free/reduced lunch program

Na'ini Food Cache

907-335-7600 | 8-4 Mon-Fri 1 box food/family a month

Pizza Hut (PCM)

907-420-0645 | 11-1 Mon-Fri 1 slice pizza each youth

Boys & Girls Club

907-283-2682 | times vary by location <u>WWW.FACEBOOK.COM/BGCKP</u> sack dinner available for all youth

North Star Methodist Church

907-513-8830 | 9-12 Th
1 box food/family a month
*other times/locations available.
call Pastor Hall at the # listed for info

Fireweed Cafe

907-262-3111 | 11:30-1 Mon-Fri hot lunch

Kenai Peninsula Foodbank

907-262-3111 | 12-4 Mon-Fri 1 box food/family a month

Salvation Army (Kenai)

907-283-4035* | 10-1 Mon-Fri 1 box food/family a month *call ahead for requirements

Updated: 3/30/2020

SAMHSA

24/7 Disaster Distress Support

1-800-985-5990

Text "TalkWithUs" to 66746

WWW.SAMHSA.GOV/FIND-HELP/DISASTER-DISTRESS-HELPLINE

24/7 CRISIS SUPPORT & SUICIDE HOTLINES

Alaska Careline

907-452-4357 (Help)

National Suicide Lifeline

1-800-273-8255 (Talk)

*May be experiencing higher call volume than usual WWW.SUICIDEPREVENTIONLIFELINE.ORG/CHAT

Crisis Text Line

Text "Hello" to 741741

MENTAL HEALTH EMERGENCY SERVICES

AK State Troopers

Police

907-262-4453

911

Central Peninsula Hospital

250 Hospital Pl. Soldotna Emergency Walk-In

Dena'ina Wellness Center

Crisis Screenings by Phone (Available to all, no need to be a current client) 907-335-7500

Timothy Gillis LPC

Assessments by Phone (Private Insurance Only) 907-398-0524

MENTAL HEALTH TELECOUNSELING OPTIONS

MEDICAID/DENALI KID CARE PROVIDERS

Dena'ina Wellness Center

907-335-7500

Current Clients Only

Peninsula Community
Health Services

907-260-3691

CICADA

907-283-3658

Leave a message or email: OFFICEADMINISTRATOR@ALASKACICADA.ORG

Many employers offer employee counseling assistance programs.
Contact your HR Department or Insurance.

UNEMPLOYMENT

State of Alaska

1-888-252-2557

HTTP://MY.ALASKA.GOV

Click on "Unemployment Insurance Benefits"

Peninsula Job Center

Job Search Support 907-335-3010

HTTP://ALEXSYS.DOL.ALASKA.GOV

UTILITIES

General Relief Assistance

907-283-2900

Heating Assistance

907-465-3058

LOVE, Inc.

907-262-5140

*Contact your utility company for information about payment options

HEALTH & SOCIAL SERVICES RESOURCES

Boys & Girls Clubs of the Kenai Peninsula | WWW.BGCKP.COM

KPBSD Students in Transition Program | **Kelly King** 907-714-8869

LOVE, Inc. | WWW.PENINSULALOVEINC.ORG

Na'ini Family & Social Services | 907-335-7600

HTTPS://WWW.KENAITZE.ORG/LOCATION/NAINI-FAMILY-AND-SOCIAL-SERVICES

United Way | HTTPS://ALASKA211.ORG

PRIVATE INSURANCE

Alaska Telepsychology

907-885-6288

Aurora Counseling

& Consulting 907-394-8888

Julie Dravis LPC 907-252-6728

Timothy Gillis LPC

907-398-0524

Dr. Pamela Hayes

907-262-4403

Current Clients Only

Kenai Peninsula Mental Health

206-451-7271

New Hope Counseling

907-260-7423

Noah Shields LMFT LPC RPT

907-252-9082

Current Clients Only

Lisa Turner M.S. & Paul Turner Ph.D.

907-283-7015

Wild Goose Counseling

907-953-9655

Teens & Adults Only – Limited Openings

PUBLIC ASSISTANCE

Public Assistance & Food Stamps

907-283-2900

WIC

907-283-4172

Denali Kid Care

907-283-2900

This list is provided to you as a resource. It is not all encompassing. Please contact your medical provider for additional resources. The district neither recommends nor requires that you use any of the providers on this list. It is for you to decide what services, if any, to use and from whom you wish to obtain them.

Updated: 3/30/2020